



Do you provide respite services for carers of people with dementia in the Illawarra Shoalhaven?

Come to a FREE ReThink Respite seminar in Wollongong or Nowra. The first workshop will help you to:

- ▶ Better promote your service to carers and referring health professionals.
- ▶ Understand carer needs and navigational barriers when accessing respite information.
- ▶ Provide helpful and user friendly information about your service for HSNet search engines including the DementiaIS and ReThink Respite websites.

ReThink Respite is a two year research project conducted by the Centre for Health Initiatives at the University of Wollongong.

The project aims to improve knowledge, attitudes and uptake of respite services by carers of people with dementia in the Illawarra and Shoalhaven.

WORKSHOP

- ▶ **Wollongong**
2pm to 4pm 13th October 2015

Or

- ▶ **Nowra**
2pm to 4pm 27th October 2015

To register your interest or for more information on the Rethink Respite project, please contact Keryn Johnson

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Call: (02) 4221 5214